

SNACK + SHARE

\$4.95 EDAMAME | FREE

Soy bean, sea salt, seven spice mix.

SPRING ROLLS \$9.95

Fried vegetarian spring rolls, served with sweet chili sauce.

GYOZA \$8.95

Pork dumplings garnished with green onions, served with ponzu sauce.

CALAMARI \$11.95

Breaded calamari garnished with bell peppers, served with lemon aioli.

\$11.95 SHRIMP TEMPURA

Tempura battered and fried tiger shrimp, served with volcano sauce.

\$11.95 DYNAMITE ROLL

Shrimp tempura, avocado, cucumber, masago, Japanese mayo & teriyaki sauce.

CALIFORNIA ROLL \$9.95

Crab meat, cucumber, avocado & masago. *contains sesame seeds

ZEN8 SERVICE 11AM - 11PM | LAST CALL FOR FOOD 10:30PM | 7 DAYS A WEEK

BOWLS + NOODLES

DRAGON BOWL

\$16.95

Grilled chicken, Thai chili, broccoli, bell peppers, mushrooms and onions tossed in hoisin sauce, served on a bed of rice. *contains cashews

BEEF TERIYAKI RICE BOWL

\$15.95

Shredded beef, broccoli, bell peppers and mushrooms, tossed in house made teriyaki sauce, served on a bed of rice.

CHICKEN TERIYAKI RICE BOWL

\$15.95

Grilled chicken, broccoli, bell peppers and mushrooms tossed in house made teriyaki sauce, served on a bed of rice.

\$16.95 **PAD THAI**

*Choice of chicken, beef or shrimp Rice noodles, bell peppers, bean sprouts, egg, cilantro, onion and a lime wedge. *contains peanuts

VEGETABLE TERIYAKI RICE BOWL \$11.95

Broccoli, bell peppers, mushrooms, with house made teriyaki sauce.

CHICKEN BUDDHA SALAD

\$14.95

Grilled chicken breast, spring mix, bell peppers, cucumber, tomato with soya wasabi vinaigrette dressing.



EXPRESS MENU DAILY SERVICE FROM 10AM - 2AM

TUNA SALAD SANDWICH

\$6.75 **HUMMUS & VEGGIES** \$4.75

HAM & TURKEY DUO

\$6.75

BUFFALO CHICKEN WRAP

\$6.75

TURKEY BACON CROISSANT

\$6.75

FRESH SALADS

CAESAR SALAD

\$14.95

QUINOA KALE SALAD



\$16.95

Crispy romaine lettuce tossed in Caesar dressing with herb croutons and fresh grated Grana Padano cheese. Served with warm pizza bread.

Local Kale, quinoa, arugula, red delicious apple, green beans, candied pecans, free run boiled egg, fresh grated Grana Padano cheese, tossed in a white balsamic Dijon vinaigrette and topped with micro greens.

APPETIZERS + SHARABLES

CHIPPERS WITH DOUBLE DIP

\$10.95

House fried golden crispy potato chips with cheesy caramelized onion bacon dip and spicy marinara sauce.

GRANA PADANO CHEESE FRIES

\$11.95 House ma

Crispy skinny fries, fresh grated Grana Padano cheese served with truffle aioli.

POUTINE \$14.95

Crispy Skinny French fries, topped with white cheddar cheese curds, smothered with rich brown gravy.

CHICKEN TENDERS

\$15.95

Breaded chicken tenders served with skinny fries and plum sauce. Like it hot? Buffalo tossed tenders for \$1.00.

GINGER BEEF

\$15.95

Battered strips of beef tossed in house made sweet & spicy sauce. Garnished with chili pepper threads, black and white sesame seeds, and green onion, served on a bed of Japanese rice.

WINGS \$16.95

Lightly breaded with choice of bourbon barbecue, buffalo, house made hot, honey garlic or salt and pepper.

NACHOS \$21.95

Tri-colored tortilla chips, layered with marble cheddar cheese, fresh diced tomato, green onion, fresh sliced jalapenos and cilantro. Served with sour cream, salsa picante and guacamole.

SPECIALTY PIZZA

GLUTEN FREE PIZZA CRUST AVAILABLE | \$4.00

MARGHERITA PIZZA

\$19.95

House made dough, with San Marzano D.O.P. tomato sauce, provolone cheese, mozzarella cheese, freshly grated Grana Padano cheese, fresh basil and sea salt.

HAWAIIAN PIZZA

\$19.95

House made dough with a San Marzano D.O.P. tomato sauce, three cheese blend, black forest ham, fresh pineapple, freshly grated Grana Padano cheese and a touch of Alberta farm honey.

HONEY HOT PEPPERONI PIZZA

\$20.95

House made dough with a San Marzano D.O.P. tomato sauce, three cheese blend, pepperoni, drizzled with Alberta honey and red pepper chili flakes.

SPICY ITALIAN SAUSAGE & CHORIZO PIZZA

\$20.95

House made dough with a San Marzano D.O.P. tomato sauce, three cheese blend, spicy Italian sausage, chorizo, sliced Jalapenos, and freshly grated Grana Padano cheese.

TRUFFLE MUSHROOM PIZZA

\$21.95

House made dough with a truffle tapenade béchamel sauce, three cheese blend, roasted wild mushrooms, wild baby arugula, feta cheese, drizzled with white truffle oil.

PROSCIUTTO HAM PIZZA

\$22.95

House made dough with a fig jam base, provolone and mozzarella cheese, Prosciutto ham, baby arugula, balsamic glaze, freshly grated Grana Padano cheese and cracked black pepper.

LOCALLY SOURCED BURGERS & SANDWICHES

SERVED WITH YOUR CHOICE OF SKINNY FRIES OR CAESAR SALAD

AMERICAN CHEESEBURGER

\$17.95

Toasted Brioche bun with sesame seeds, Alberta beef prime rib patty, sautéed onions, American cheese and secret sauce.

NASHVILLE HOT CHICKEN SANDWICH \$18.95

Toasted Brioche bun with sesame seeds, crispy fried breaded Alberta chicken tossed in spicy buffalo sauce, smoked paprika garlic aioli, topped with creamy ranch slaw and a dill pickle.

VEGAN VEGGIE BURGER

\$18.95

Vegan Brioche bun, veggie patty, baby arugula, fresh avocado and vegan Dijon aioli.

SMOKED PULLED PORK SANDWICH

\$18.95

Toasted Brioche bun with sesame seeds, apple wood house smoked pulled pork, fresh Granny smith apple slaw and bourbon barbecue sauce.

SMOKED BACON BURGER

\$18.95

Toasted brioche bun with sesame seeds, Alberta beef prime rib patty, apple wood house smoked bacon, cheddar cheese and bourbon barbecue sauce.

Gluten free bun available | \$3.00.